

George A. Mighion, DDS, PC

Smile

Making first impressions memorable

Bone Grafting Home Care Instructions RECOVERY KIT

3 • 3 • 3 StellaLife® Program

Start **3 days** before the surgery or procedure to increase therapeutic levels.

Apply **3 times** per day, preferably after meals.

Use all **3 products** at the same time in the order outlined.

Directions



VEGA Oral Care Rinse

Swish 7-10 ml for 1-2 minutes, expectorate.



VEGA Oral Care Spray

Spray 4 times **under the tongue**.



VEGA Oral Care Gel

Apply to the gum at the affected area or procedure site with a cotton swab.



Continue using all 3 products after the surgery or procedure. Refrain from drinking and eating for at least 20 minutes after application.



George A. **Mighion**, DDS, PC

Smile

Making first impressions memorable